

# CALLERLAB (NEW) MAINSTREAM SUGGESTED TEACHING ORDER

*Effective September 1, 2026*

<ol style="list-style-type: none"> <li>1. Circle Family             <ol style="list-style-type: none"> <li>a. Circle Left/Right (1/4, 1/2, 3/4, Full)</li> <li>b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full)</li> <li>c. Single Circle Left/Right (1/4, 1/2, 3/4, Full)</li> </ol> </li> <li>2. Dosado</li> <li>3. Promenade Family             <ol style="list-style-type: none"> <li>a. Couples Promenade</li> <li>b. <i>Single File Promenade</i></li> <li>c. <i>Star Promenade</i></li> <li>d. <i>Wrong Way Promenade</i></li> </ol> </li> <li>4. Arm Turn Family             <ol style="list-style-type: none"> <li>a. Right/Left Arm Turn</li> <li>b. Allemande Left/Right</li> </ol> </li> <li>5. Star Right/Left</li> <li>6. Right and Left Grand Family             <ol style="list-style-type: none"> <li>a. Right and Left Grand</li> <li>b. <i>Weave the Ring</i></li> <li>c. <i>Wrong Way Grand</i></li> </ol> </li> <li>7. Pass Thru</li> <li>8. Wheel Around / <i>Reverse Wheel Around</i></li> <li>9. Courtesy Turn</li> <li>10. Right and Left Thru</li> <li>11. Swing</li> <li>12. Ladies Chain Family             <ol style="list-style-type: none"> <li>a. Ladies Chain, (<i>Ladies Chain 3/4</i>)</li> <li>b. Four Ladies Chain, (<i>Chain 3/4</i>)</li> <li>c. <i>Chain Down the Line</i></li> </ol> </li> <li>13. Half Sashay Family             <ol style="list-style-type: none"> <li>a. <i>Half Sashay</i></li> <li>b. <i>Rollaway</i></li> <li>c. Ladies In, Men Sashay</li> </ol> </li> <li>14. Turn Back Family             <ol style="list-style-type: none"> <li>a. U-Turn Back</li> <li>b. Backtrack</li> </ol> </li> <li>15. Separate Family             <ol style="list-style-type: none"> <li>a. <i>Separate</i></li> <li>b. Separate Around 1 or 2 to a Line</li> <li>c. <i>Separate Around 1 or 2 into the middle</i></li> </ol> </li> <li>16. Lead Right / Lead Left</li> <li>17. Veer Left / Veer Right</li> <li>18. Star Thru</li> <li>19. Circulate Family             <ol style="list-style-type: none"> <li>a. Couples Circulate</li> <li>b. (Named Dancers) Circulate</li> <li>c. <i>All Eight Circulate</i></li> <li>d. <i>Single File (Column) Circulate</i></li> <li>e. <i>Box/Split Circulate</i></li> </ol> </li> <li>20. Bend the Line</li> </ol>	<ol style="list-style-type: none"> <li>21. Square Thru / <i>Left Square Thru</i></li> <li>22. Split Two</li> <li>23. Grand Square</li> <li>24. Double Pass Thru</li> <li>25. First Couple Go Left/Right, Next Couple Go Right/Left</li> <li>26. Wheel and Deal</li> <li>27. California Twirl</li> <li>28. Slide Thru</li> <li>29. Dive Thru</li> <li>30. Box the Gnat</li> <li>31. Ocean Wave Family             <ol style="list-style-type: none"> <li>a. Alamo Style</li> <li>b. Balance</li> <li>c. Step to a Wave</li> <li>d. <i>Dosado to a Wave</i></li> <li>e. <i>Single Circle to a Wave</i></li> </ol> </li> <li>32. Trade Family             <ol style="list-style-type: none"> <li>a. Couples Trade</li> <li>b. (Named Dancers) Trade</li> <li>c. Right/Left Hand Trade</li> <li>d. Partner Trade</li> </ol> </li> <li>33. Swing Thru / <i>Left Swing Thru</i></li> <li>34. Run / <i>Cross Run</i></li> <li>35. Pass the Ocean</li> <li>36. Extend</li> <li>37. Flutterwheel / Reverse Flutterwheel</li> <li>38. Sweep a Quarter</li> <li>39. Trade By</li> <li>40. Ferris Wheel</li> <li>41. Zoom</li> <li>42. Touch a Quarter</li> <li>43. Hinge Family             <ol style="list-style-type: none"> <li>a. Single Hinge</li> <li>b. Couples Hinge</li> </ol> </li> <li>44. Centers In</li> <li>45. Cast Off Three-Quarters</li> <li>46. Spin the Top</li> <li>47. Scoot Back</li> <li>48. Fold / Cross Fold</li> <li>49. Tag the Line Family             <ol style="list-style-type: none"> <li>a. Tag the Line (In / Out / Left / Right)</li> <li>b. Fraction (1/4, 1/2, 3/4) Tag</li> </ol> </li> <li>50. Recycle (from Waves only)</li> </ol> <p style="text-align: center; margin-top: 20px;">It is suggested that calls in italics be delayed until later in the teaching sequence. See details in the <i>(New) Mainstream Playbook</i>.</p>
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It is recommended that the Mainstream Program should be taught in no less than 30 hours of instruction (15 two-hour classes or 20 ninety-minute classes).